

SURVEY OF RELATIONAL SKILLS TRAINING EFFECTIVENESS ON STUDENTS' SELF-EXPRESSION, SOCIAL ACCEPTANCE AND ACADEMIC ACHIEVEMENT (CASE STUDY: FOUMAN CITY, GUILAN PROVINCE, IRAN)

SAFOURA JOUYANDEH MAHJOUB¹, ABBAS SADEGHI² & FARHAD ASGHARI³

¹Department of General Psychology, Guilan Science and Research Branch, Islamic Azad University, Guilan, Iran

^{2,3}Associate Professor, University of Guilan, Guilan, Iran

ABSTRACT

Present research main purpose was to study relational skills training effectiveness on students' self-expression, social acceptance and academic achievement. Present research method was experimental. This research statistical community has included all Fouman female and male Guidance schools Students (N = 674) in educational period 91-92. Sampling method is systematic random. From total present schools (4 schools) selected two classer randomly in each school that Placed 30 students in two experimental groups with 15 female and male and other 30 ones as Control group consisting of 15 female and 15 female. Synchronically Albert Wamonse (1993) self-expression scale, Marj and Marshal (1986) individual rational skills, et al. (1970) social acceptance questionnaire administered for two groups. Then relational skills training program administered in an 8 session period for 90 min for experiment group and control group did not receive any training.

After finishing session mentioned questionnaires administered for both groups in a same condition to consider independent variable effect on dependent variables. Obtained results by using statistical criteria covariance analysis, variance analysis and multi variant analysis (Manova) indicated relational skills training Only has affected on self-expression meaningfully and has not had any effect on students social acceptance and academic advance and also results showed that relational skills training on self-expression, social acceptance and academic advance has not been meaningful regarding to gender, age and average in $P < 0.05$, therefore could conclude that relational skills training has affected on self-expression, Social Acceptance and Academic Advance Relative to Gender, Age Group and Average Similarly.

KEYWORDS: Relational Skills, Self-Expression, Social Acceptance, Academic Advance